



CONGREGATION OF BENEDICTINE SISTERS OF PERPETUAL ADORATION  
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## News Release

April 21, 2009

### Monastic Experiences illustrate Benedictine life

**CLYDE, Mo.**— The Benedictine Sisters of Perpetual Adoration offered several opportunities throughout February and March for women to learn more about monastic life and Benedictine values.

The Tucson, Ariz., community hosted a discernment weekend in February for single women who are discerning a call to religious life. In March, the Clyde, Mo., community hosted six college students in coordination with spring breaks to give women a break from the hectic pace of school and a chance to strengthen their relationship with God with no strings attached.

They entered into the rhythm of the Benedictine Sisters' contemplative life, learning how set aside time and space for listening to God and shared with others who are also seeking God more intentionally. Participants also took part in monastic work and joined the Sisters for meals



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**Several women participated in this season's monastic experiences, including those who shared spring breaks at Clyde and a discernment weekend with the Tucson community. Pictured above with three Clyde participants is Vocations Director Sister Ruth Starman (second from right).**



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