



CONGREGATION OF BENEDICTINE SISTERS OF PERPETUAL ADORATION
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News Release

FOR IMMEDIATE RELEASE

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Benedictine Sisters elect prioress for Clyde community

CLYDE, Mo. - The Benedictine Sisters of Perpetual Adoration have elected Sister Sean Douglas, OSB as their new prioress for the Clyde community.



Sister Sean Douglas

During a discernment process that ended with the July 15 vote, the sisters chose Sister Sean to lead them during her four-year term. She succeeds Sister Pat Nyquist, OSB who was recently elected prioress general for the Congregation during the sisters' chapter meeting in June.

Sister Sean, a native of Milwaukee, Wisc., graduated from San Diego State University in 1973 with a bachelor's degree in microbiology and worked as a medical technologist in California.

It was during the spring of 1977 that she learned about a vocation retreat scheduled at the Benedictine Sisters' former monastery in San Diego.

"There was nothing logical about it," Sister Sean recalled about her visit. "It didn't make any sense. I had a good thing going with a job that had a future. I just knew I had to follow a way that was unfolding before me."

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Sister Sean Douglas, OSB (left) was recently elected prioress of the Clyde community of the Benedictine Sisters of Perpetual Adoration. During her installation ceremony on July 16, former Prioress Sister Pat Nyquist, OSB presented her with the ceremonial keys to Clyde and the Rule of Benedict.

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She began to spend weekends with the Benedictine Sisters and soon discovered her call to religious life. She entered in 1979 and made her first monastic profession on July 29, 1982.

Her most recent position within the Clyde community was as building maintenance director. Talented in computer networking, she was also instrumental in developing MonasteryPodcast.com, a Web site that provides podcasts of the sisters' prayer services and has allowed them to share their prayerful worship with people around the globe.

An avid fan of the outdoors, Sister Sean has been also been involved with the sisters' environmental initiatives, including encouraging the placement of a wind turbine on the Clyde property, recycling lumber into various projects around the monastery, investigating geothermal energy use and installing energy-efficient windows throughout the main house to reduce heating costs and dependence on fossil fuels.

“What I appreciate most about being a member of this Congregation is the tremendous quality of community life,” Sister Sean said. “There is a genuine concern for the welfare of others, for those in need, for social justice and for the earth we live on. There is constant striving to authentically live the monastic life, daily responding to the Gospel call to ‘sell what you have; give the money to the poor, and come – follow me.’”

Sister Sean was officially installed into office during a ceremony held July 16 at the sisters' Adoration Chapel in Clyde where she received the ceremonial keys and the Rule of Benedict. For more information, please contact Kelley Baldwin at kelley@bspa.us or (660) 944-2221.

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