



CONGREGATION OF BENEDICTINE SISTERS OF PERPETUAL ADORATION  
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## News Release

**Oct. 2, 2008**

### **Benedictine Sister Josetta Grant appointed superior of San Benito Monastery**

**CLYDE, Mo.**— Sister Josetta Grant, OSB has been appointed superior of the San Benito community of the Benedictine Sisters of Perpetual Adoration in Dayton, Wyo.

Sister Josetta, a Kansas native, has served as prioress and superior of several of the Congregation's communities.

Set on 38 acres, the San Benito monastery is a haven for people seeking quiet time and reflection in a place located off the beaten path. The sisters spend their days in prayer, cooking, cleaning, hosting retreats for people of all faiths and operating Monastery Creations, a gift shop that offers a full line of products made by those in monastic life. Many of the products are made by the sisters themselves. They live according to the Rule of St. Benedict, which emphasizes a life devoted to prayer and work.

"It is easy to find God in the beauty surrounding us. I love the peace and quiet of our monastery," Sister Josetta said. "This is a wonderful life, challenging and not always easy, but our life of prayer and adoration is a wonderful ministry to the Church."

She will serve a four-year term as superior. For more information, please contact Sister Josetta at (307) 655-9013.



**Sister Josetta Grant**

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